

Chicken & Zucchini Balls

Ingredients

- 2lbs ground chicken
- 2 medium zucchini, peeled, seeded, and shredded
- 1/2 white onion, diced
- 2 eggs
- 2 tbsp minced garlic
- 1/2c panko breadcrumbs
- 1c shredded mozza or cheddar
- 3/4c parmesan
- 4tbsp Pizza Sauce Spice Mix

1. Sauté onions and garlic
2. Combine chicken, zucchini, spices, eggs, breadcrumbs, cheeses, and sautéed veggies in a large bowl
3. Form into small balls and place on parchment paper
4. These can be baked at 400F for 20 mins or air fried at 350F for 12 mins

OPTIONAL MARINARA SAUCE 🍷

combine 1tbsp of Pizza Sauce Spice Mix with 3/4c of crushed tomatoes and dip to enjoy!